



## “What’s on Your Mind?”

Bishop Frank and JoeNell Summerfield

**Texts: Proverbs 23:7, Philippians 4:4-9, Philippians 2:5, I Peter 1:13, I Peter 4:1-2, Romans 8:5-9, II Corinthians 10:3-5, Romans 12:1-2, Ephesians 4:23**

Out of all the functions of our body and life the most vulnerable to the attacks of Satan to steal, kill, and destroy as John 10:10 says he comes to do, is our mind. All functions, actions, statements or confessions, havings, beings, and doings start in the mind. In fact, the richest and wisest man as declared by God declares that as we think, so are we. In other words whatever the accumulation of our thoughts have been determines what are life and we are.

**Proverbs 23:7 For as he thinketh in his heart, so is he: Eat and drink, saith he to thee; but his heart is not with thee.**

The devil is the master deceiver and works 24x7 to plant deceptive thoughts of fear, doubt, worry, depression, confusion, hopelessness, carnality, and negativity in our mind so we can't focus on God's promise word and what it says He's already done for us and will continue to do and what He has already given us and made us. He doesn't want us to know in our minds we are Romans 8:37, More than conquerors, Romans 8:17, heirs of God and joint heirs with Christ, Revelation 5:10 kings and priests and reign in the earth, I John

4:4, have already overcome by the greater one Jesus in us, I Peter 2:24, Isaiah 53:5, were and are already healed by the stripes of Jesus, Matthew 8:17, Jesus has already took our infirmities and bears our sickness, II Corinthians 8:9 were made rich when the saving grace of Jesus Christ came in our lives with salvation, and much much more found in the word of God.

In order to walk in and maintain the victory Jesus has died for us to have we must get a grip on our mind, and discipline and monitor it constantly to keep the devil's deceptive thoughts of defeat and failure from slipping into our thought life. We must stay in control of as many of the 600,000 thoughts our mind can process daily as we can. Be the warden of your mind. Look what the Apostle Peter instructs us to do with our minds.

**I Peter 1:13 Wherefore gird up the loins of your mind, be sober, and hope to the end for the grace that is to be brought unto you at the revelation of Jesus Christ;**

To gird up means to literally get a grip on your mind and thoughts. It means to take control, monitor, and discipline such.

To grip means to: grasp tightly, hold, cling to, to siege, to grasp firmly or tightly.

Satan attacks the mind because he knows it's

### STUDY NOTES



## “What’s on Your Mind?”

Bishop Frank and JoeNell Summerfield

the place of supernatural power and creativity. He knows it’s the place where things are processed that determine what our mouth or tongue releases into the atmosphere that determines what we’ll be, do, have, and what our life will consist of.

**I Peter 4:1 Forasmuch then as Christ hath suffered for us in the flesh, arm yourselves likewise with the same mind: for he that hath suffered in the flesh hath ceased from sin;**

We must not let our flesh control our mind, but make our mind control our flesh. We must use the Mind of Christ Philippians 2:5, and I Corinthians 2:16 say we have. If we weren’t in war there would be no need to arm ourselves with the Mind of Christ.

Also don’t forget how dangerous a flesh ruled or carnal mind is, as declared in the Apostle Paul’s teachings in Romans 8:5-12. It actually causes death. Paul also declares we are in war in our minds and must assertively take control of every thought and imagination in II Corinthians 10:3-5.

**II Corinthians 10:3 For though we walk in the flesh, we do not war after the flesh:**

**4: (For the weapons of our warfare are not carnal, but mighty through God to**

**the pulling down of strong holds;)**

We must fight to keep God’s eternal all powerful word in our minds so Satan’s deceptive thoughts of fear, doubt, confusion, despair, depression, hopelessness, failure, and negativity can’t come in set up camp, and get a strong hold on your mind. Once his deceptive forces set up a strong hold we come under siege and he begins to control our tongue to speak those negative thoughts against ourselves. Please see Proverbs 6:2 about trapping ourselves with negative Satanic demonic words of defeat, despair, and failure. Also see Proverbs 12:14, Proverbs 13:2, Proverbs 21:23, and Proverbs 18:20-21 for more on how our words determine what we have, become, and do, and what we don’t have, don’t become, and don’t do in life. Also see the need to correct wrong words in Job 6:24, Psalm 39:1 and Psalm 141:3

Notice how clearly the Apostle Paul teaches on what we should be thinking about to maintain the victory mentally, physically, emotionally, and spiritually that Jesus died for us to have, and maintain.

**Philippians 4:4 Rejoice in the Lord always: and again I say, Rejoice.**

**5: Let your moderation be known unto all men. The Lord is at hand.**

**6: Be careful for nothing; but in every**

## STUDY NOTES



## “What’s on Your Mind?”

Bishop Frank and JoeNell Summerfield

**thing by prayer and supplication with thanksgiving let your requests be made known unto God.**

**7: And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.**

**Philippians 4:6 Amplified:**

**Do not fret of have any anxiety about anything, but in every circumstance and in everything by prayer and petition [definite requests] with thanks giving continue to make your wants known to God.**

**King James Version Continued:**

**8: Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.**

We must realize that God’s word is all these things so we must think and meditate on God’s word continually to keep our mind’s walls of defense up against all Satan’s deceptive thoughts that exalt themselves against and dispute God’s word. The devil knows God’s words are supernatural life and health so he

tries to counter them with thoughts of sickness and defeat.

**Proverbs 4:20 My son, attend to my words; incline thine ear unto my sayings.**

**21: Let them not depart from thine eyes; keep them in the midst of thine heart.**

**22: For they are life unto those that find them, and health to all their flesh.**

Whatever type of thoughts we have an abundance of in the storage banks of our minds is what we’re going to speak and have. A good account of this is found in Matthew’s writings in Chapter 12.

**Matthew 12:34 O generation of vipers, how can ye, being evil, speak good things? for out of the abundance of the heart the mouth speaketh.**

Please note that the word heart here comes from the original Greek word *kar-dee-ah* and means: thoughts, feelings, mind, affections, passions, impulses, desires.

What type of thoughts do you have an abundance of, or **What’s on Your Mind?**

If you’ve allowed your mind to accumulate or store Satan’s thoughts of doubt, fear, failure, confusion, depression, sickness, poverty, hopelessness and negativity, that’s what you’ll

## STUDY NOTES



## “What’s on Your Mind?”

Bishop Frank and JoeNell Summerfield

Speak out of your mouth. If you’ve forced yourself to store thoughts of God’s word pertaining to faith, courage, strength, victory, health, healing, wealth, prosperity, miracle breakthroughs and the like, that’s what your mouth will speak regardless of circumstances taking place.

The more we think and declare God’s word the more positive power and life we create in the atmosphere in and around our life. No matter what things look like think and declare what God says about you and God will eventually perform His word as Jeremiah 1:12 declares.

Our mind must undergo daily renewal to keep our faith, hope, and expectation fresh and alive. We must be disciplined and create opportunities for ourselves to hear, receive, read, and meditate God’s word. Circumstances have a way of appealing to our natural life in the five sense realm. We must stubbornly hold our confidence and trust in God and His love and concern for us. We must let patience have her perfect or full complete work so we eventually lack nothing. See Romans 12:1-2 and Ephesians 4:23, II Corinthians 5:7 (For we walk by faith not by sight).

**Hebrews 10:35 Cast not away therefore your confidence, which hath great recompence of reward.**

**36: For ye have need of patience, that,**

**after ye have done the will of God, ye might receive the promise.**

**37: For yet a little while, and he that shall come will come, and will not tarry.**

Think faith thoughts of victory, breakthrough, healing, and deliverance because it’s coming.

**38: Now the just shall live by faith: but if any man draw back, my soul shall have no pleasure in him.**

**39: But we are not of them who draw back unto perdition; but of them that believe to the saving of the soul.**

See also James 1:2-4 and how letting patience have her complete full work causes us to lack nothing. Also see how we have all patience in Colossians 1:11.

## STUDY NOTES